

2. And by the Night when it is still,-
3. Your Guardian-Lord has not forsaken you, nor is He displeased.
4. And verily the Hereafter will be better for you than the present.
5. And soon will your Guardian-Lord give you (that wherewith) you shall be well-pleased.
6. Did He not find you an orphan and give you shelter (and care)?
7. And He found you wandering, and He gave you guidance.
8. And He found you in need, and made you independent.
9. Therefore, do not treat the orphan with harshness,
10. Nor repulse the petitioner (unheard);
11. But the bounty of your Lord - rehearse and proclaim!

(Inshirah, or The Expansion)

In the name of Allah, Most Gracious, Most Merciful.

1. Have We not expanded you your breast?-
2. And removed from you your burden
3. Which did gall your back?—
4. And raised high the esteem (in which) you (are held)?
5. So, verily, with every difficulty, there is relief:
6. Verily, with every difficulty there is relief.
7. Therefore, when you are free (from your immediate task), still labour hard,
8. And to your Lord turn (all) your attention.

(At-Tin, or The Fig)

In the name of Allah, Most Gracious, Most Merciful.

1. By the Fig and the Olive,
2. And the Mount of Sinai,
3. And this City of security,-
4. We have indeed created man in the best of

2. Wallayli iza sajaa.

3. Maa wadda'aka Rabbuka wa maa qalaa.
4. Wa lal-Aakhiratu khayrul-laka minal-oolaa.
5. Walasawfa yu'teeka Rabbuka fatarḍaa.
6. Alam yajidka yateeman fa-aawaa.
7. Wa wajadaka ḍaa'alan fahadaa.
8. Wa wajadaka 'aaa'ilan faghnaa.
9. Fa-ammal-yateema falaa taḥhar.
10. Wa ammas-saaa'ila falaa tanhar.
11. Wa ammaa bini'mati Rabbika faḥaddis.

AL-INSHIRAAH-94

Bismillaahir-Rahmaanir Raheem.

1. Alam nashraḥ laka sadrak.
2. Wa waḍa'naa 'anka wizrak.
3. Allazee anqaḍa zahrak.
4. Wa rafa'naa laka zikrak.
5. Fa-inna ma'al-'usri yusraa.
6. Inna ma'al-'usri yusraa
7. Fa-izaa faraghta fansab.
8. Wa ilaa Rabbika fargha.

AT-TEEN-95

Bismillaahir-Rahmaanir Raheem.

1. Watteeni wazzaytoon.
2. Wa Ṭoori Seeneen.
3. Wa haazal-baladil-ameen.
4. Laqaḥ khalaln-insaana fee'e aḥsani

وَاللَّيْلِ إِذَا سَجَىٰ
مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ
وَلَلْآخِرَةُ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ
وَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ
أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ
وَوَجَدَكَ ضَالًّا فَهَدَىٰ
وَوَجَدَكَ عَائِلًا فَأَغْنَىٰ
فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ
وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ
وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ

(٩٣) سُورَةُ الْاِنْشِرَاحِ مَكِّيَّةٌ (١٢)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ
وَوَضَعْنَا عَنكَ وِزْرَكَ
الَّذِي أَنْقَضَ ظَهْرَكَ
وَرَفَعْنَا لَكَ ذِكْرَكَ
فَإِنَّ مَعَ الْعُسْرِ يُسْرًا
إِنَّ مَعَ الْعُسْرِ يُسْرًا
فَإِذَا فَرَغْتَ فَانصَبْ
وَإِلَىٰ رَبِّكَ فَارْغَبْ

(٩٥) سُورَةُ التَّيْنِ مَكِّيَّةٌ (٢٨)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

وَاللَّيْنِ وَالزَّيْتُونِ
وَطُورِ سِينِينَ
وَهَذَا الْبَلَدِ الْأَمِينِ
لَقَدْ خَلَقْنَا الْإِنْسَانَ فِي أَحْسَنِ